



EDMONSON COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

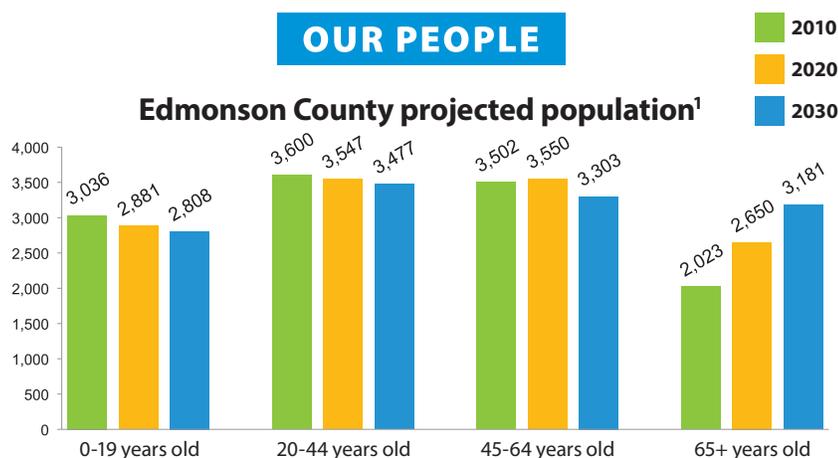
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Edmonson County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **23,909** contacts with Edmonson County individuals and families.²

OUR PEOPLE

Edmonson County projected population¹



SPOTLIGHT ON ...

FOOD PRESERVATION WORKSHOPS

During the economic downturn, Edmonson County families have increasingly sought information about home food preservation, home gardening, and ways to stretch the family's resources. To ensure that accurate information reaches those families, the Edmonson County FCS staff presented a series of food preservation workshops. The hands-on workshops focused on selecting, harvesting and preserving food at its peak for best quality and nutrition; cleaning and preparing produce to be preserved; and basics of water bath canning. The workshops reached a group of 29 individuals, ranging from 12 to 80 years in age. Post-evaluations showed that the participants learned when pressure canning versus water bath canning is appropriate (93 percent), how to identify unsafe (spoiled) food (86 percent), and how to choose vegetables or fruits (89 percent).

<http://hes.uky.edu/StrongFamilies>

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Edmonson County...

- **18.6%** (+/- 7.1) of families with children were below poverty
- **12.6%** (+/- 5.2) of those ages 65 and over were below poverty
- **23.8%** (+/- 3.8) of households had retirement income
- **3.9%** (+/- 1.5) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Edmonson County had **262** people, **50** children and **56** seniors with low access to a supermarket or large grocery store.*

In addition, **97** residents had **both** low income **and** low access to stores.

As a result of participating in Edmonson County Extension programs:²

- **1,310** people demonstrated an increase in practical living skills.
- **80** people utilized healthy food delivery systems and access points.
- **130** people were involved in addressing community issues.

COMMUNITY AVAILABILITY

In 2011, Edmonson County had:

- **5** Grocery stores (any kind)⁵
 - **3** Grocery/supermarkets (except convenience)⁵
 - **2** Convenience stores (i.e. food marts – no gas)⁵
- **6** Gasoline stations with convenience stores⁵

In the county, there were:

- **3** Roadside markets that served the county⁶
- **2** Farmers market locations⁷
- **15** SNAP** authorized stores (food stamps)⁴
- **3** WIC*** authorized stores⁴

In 2011, there were **\$171,248.27** in SNAP redemptions/per SNAP authorized store in Edmonson County.⁴

As a result of participating in Edmonson County Extension programs:²

- **290** people made lifestyle changes to improve health.
- **415** people implemented practices for safe storage, handling, and preparation of food.
- **503** people reported eating more healthy foods.

FOOD ASSISTANCE

In Edmonson County...

- **844** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **630** children in 2007 (**up 34.0%**).⁹
- **58.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **1,187** SNAP cases and the monthly SNAP benefit level was **\$246.96**.⁸

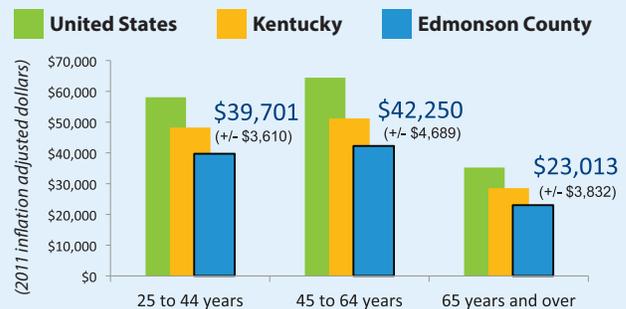
Edmonson County is served by Feeding America, Kentucky's Heartland of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Edmonson County Extension programs:²

- **463** people adopted practices to increase food access and affordability.
- **1,342** people were reached with information on accessing healthy foods.
- **750** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Edmonson County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service Reporting, FY 2013
- ³ 2007-2011 American Community Survey, 5-Year Estimates
- ⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- ⁵ US Dept of Commerce, County Business Patterns, 2011.
- ⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- ⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- ⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcbcs/data_book.htm
- ⁹ Kids Count Data Center, KY Youth Advocates.
- ¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
- * Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- ** Supplemental Nutrition Assistance Program
- *** The Special Supplemental Nutrition Program for Women, Infants and Children