

## Kentucky 4-H Camping Medication Policy

- Medications for youth and adults **MUST** be kept in the Camp Health Office.
- Medications should be submitted to the Extension Agent in a clear Ziploc bag:
  - On the outside of the bag, using a permanent marker, write: (1) the name of the participant, (2) county name, and (3) sleeping facility (e.g., cabin #4, boy's outpost, yurt #2).
  - Inside the bag, include: (1) all medications, (2) a completed medicine form, and (3) a recent photograph of the participant.
- All prescription medication **MUST** be in its original container. This is a state law.
- Parents/Guardians should send only the number of pills the camper will need for the camp session.
- Medication may only be given to the person whose name is on the prescription medication container. Siblings cannot share medications unless both names are on the container.
- If a participant's prescription has changed and the directions on the medication bottle are different, the parent/guardian must include a note from the physician (on his/her letterhead) with the correct instructions for taking the medication. The medication cannot be given without the physician's note.
- If a participant must keep an inhaler or epi pen on their person during the camping session, the parent should provide a backpack or other item in which to securely store them while participating in activities. Camp cannot be responsible for lost inhalers or epi pens.
- For participants who require special medical treatments, IV's, blood sugar tests, insulin, etc. a trained assistant or the camper will be responsible for this care. Camp's health care provider is not allowed to administer these special treatments.
- Camp provides a variety of over the counter medications for general use, (e.g., cough syrup, Benadryl, sting ease). If a parent/guardian wants aspirin given to their child, it must be sent with the child. Camp does not administer aspirin to anyone less than 18 years of age. If the parent/guardian wishes to send a specific brand name of over the counter medication, they may do so. A medication form must be completed for the camper for this medication.

Revised 08/20/2020

